The 18th Great Bay 5K® Race & Kids Fun Run

9:00am - Saturday, October 29, 2016

The Great Bay 5K is a fundraiser for the (non-profit) Great Bay Stewards.
The race starts on Sandy Point Road (across from Stratham Hill Park on Rt. 33 in Stratham, NH),
and finishes at the Great Bay Discovery Center.

• Fast course • Bib chip timing • The unique Mackenzie Mile • Run and Walk divisions •
• Long-sleeve moisture-wicking "Made in USA" t-shirts to those who register by Sept. 26 • FREE kids' Fun Run •
• Cash & merchandise prizes • Costume contests in the 5K and the Fun Run • Delicious post-race treats •

• Age 15 and under (on race day) - $15 until Oct. 26, then $20 • Age 16 and older - $25 until Oct. 26, then $30 •

This is the final 2016 Seacoast Series race. For Series info: www.proportsmouth.org/seacoastseries.cfm

For full race details and on-line registration, visit the web site (www.greatbaystewards.org), call 603.778.0015, or send an e-mail to gb5k@greatbaystewards.org

PLEASE COMPLETE AND MAIL THIS FORM TO: GB5K - Great Bay Stewards, 89 Depot Rd, Greenland, NH 03840
One entrant per form. Make checks payable to: Great Bay Stewards.
Donations to the Great Bay Stewards will go to support its programs, and are greatly needed and appreciated.
Donations (not the entry fees) are tax-deductible.

Entry Form – The Great Bay 5K Race & Kids' Fun Run – October 29, 2016

NAME: _____ **Age on Race Day:** _____

ADDRESS: _____ **Date of Birth:** _____

CITY: _____ **STATE:** _____ **ZIP:** _____

EMAIL: _____ **MALE** ☐ **FEMALE** ☐

PHONE: _____ **TEAM:** _____

EMERGENCY CONTACT NAME: _____

EMERGENCY CONTACT PHONE: _____

GREAT BAY STEWARDS MEMBER: **Yes** ☐ **No** ☐

5K: Runner ☐ **Walker** ☐ **Fun Run** ☐ **Shirt: XS** ☐ **S** ☐ **M** ☐ **L** ☐ **XL** ☐

Amount Paid: 5K Entry _____ **Donation to Great Bay Stewards** _____ **Total** _____

WAIVER: I know that running is a potentially hazardous activity, and that I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely compete in this race. I assume all risks associated with this race, including, but not limited to: falls, injuries, death, damage to property, contact with other participants, effects of traffic, etc. I, for my heirs, my assigns, and myself, waive and release the Great Bay Stewards, the Great Bay Discovery Center, all sponsors of this race, volunteers, Stratham, and the State of N.H. from any/all claims and liabilities of any kind whatsoever arising from my voluntary participation in this event, regardless of whether such liability results from carelessness or negligence of those named in this waiver. No rollerblades, skateboards or pets allowed. *All entry fees are non-refundable*.

SIGNATURE: _____ **DATE:** _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18): _____ **DATE:** _____